BOGDÁNFY STREET ELTE SPORTS CENTER (BUDAPEST XI., BOGDÁNFY ÖDÖN STR. 10/B)

ELTE MÉRNÖK STREET SPORT CENTER (BUDAPEST XI., MÉRNÖK STR. 35.)

ELTE PPK CAMPUS (BUDAPEST VI., IZABELLA STR. 46.)

ELTE BGGYK CAMPUS (BUDAPEST IX., ECSERI STR. 3.)

KÖRÖSI CSOMA SÁNDOR STUDENT HOSTEL (BUDAPEST XI., DAYKA GÁBOR. STR. 4.)

ELTE SOROKSÁR WATER CAMP (BUDAPEST XXIII., VÍZISPORT STR. 48.) Aerobics: elteaerobik@gmail.com

Belly dance: elteoriental@gmail.com

Football: eltese2008@gmail.com

Functional training: funkcionalistrening.eltebeac@gmail.com

Gym: szervezes@beac.elte.hu

Jazz dance: eltejazztanc@gmail.com

Running: gitta.polythlon@gmail.com

Spinning: cycling.beac@gmail.com



## **SPORT FACILITIES**

### **CONTACT**

## **SPORT LIFE AT ELTE**



#### For further information:

ELTE-BEAC Sport Office
1117 Budapest, Bogdánfy Ödön Street 10.
email: info@beac.elte.hu
Phone: 061-209-06-17

Facebook: https://www.facebook.com/elte.beac Website: www.beac.hu/in-english

EHÖK Sports Referent
Email: sport@ehok.elte.hu
Facebook: http://www.facebook.com/pages/
Elte-Beac-ESN-SPORT-Program/



#### **INTRODUCING SPORT AT ELTE**



# BUDAPEST UNIVERSITY ATHLETICS CLUB (BEAC)

BFAC was established in 1898 as one of the oldest athletics club in Hungary. Its first chairman was the worldwide famous scientist and statesman, Loránd Eötvös. Even since its first years the newly operating club has become an important factor of professional sport life. First sports were athletics, gymnastics and sword play. The club had an important effect in the naturalization of many sports in Hungary as it offered a wide range of activities. The association gave five Olympic champions so far. Our aim is to catch attention of university students and invite them to work out in our gym and choose a sport offered by our professional coaches. We welcome everybody from all ages and nations, so foreign students and lecturers, come and join us!

#### **COURSES AVAILABLE VIA NEPTUN**



The sportlife of ELTE is organized around two major ideas: courses offered by the Sports Departments and trainings organized by BEAC.

Courses offered by the **Sports Department** – it means that you can apply for these sport classes just like all the other ones in your department.

**6000 HUF** is required to pay per course per semester. For further information contact the manager of Physical Education and Sports Center.

#### You can choose from:

Aerobics, Aikido, Badminton, Basketball, Belly dancing, Boksz, Brazilian jiu-jitsu, Cheerleading, Chess, Climbing, Conditioning, Floorball, Football, Football, Football for women, Futsal, Goju-ryu karate, Lacrosse, Modern jazz dance, Muay thai, Rowing, Spinning, Squash, Swimming, Table tennis, Tennis, Triathlon, TRX, Volleyball, Yoga

#### TRAININGS ORGANIZED BY BEAC



Trainings organized by university sports club **ELTE-BEAC** means the other line of the sports opportunities. We offer trainings in 40 different sports, both for women and men. Feel free to join our trainings especially for foreign students:

**Aerobics:** Do you enjoy dance & music? Then, aerobics will be the best sport for you.

**Belly dance:** Elegant move, harmony, confidence. Belly dance is the sport of real women.

**Football:** Bring your friends, register your team until February 22, and join the Univeristy Futsal Championship. Start: 7th of March.

**Functional training:** Would you like to try kettlebell, TRX or functional training? Here is the best opportunity.

**Gym:** Do you want to work out? You can find the right place at ELTE. We offer a special Erasmus season ticket for you!

**Jazz dance:** Your coordination and self-confidence will improve. If you like being among people don't hesitate.

**Running:** Do you only have a pair of running shoes? Are you a beginner or pro? At BEAC you will find your team to run with.

**Spinning:** It's the best musical cardio training. Did you know you can burn even 800 calories on a single training by spinning? Let's try it!

For contact informations turn the page!